

# WINTER STORM PREPAREDNESS CHECKLIST

The right time to prepare for a winter storm is now. This checklist will help get you started. Make sure to include your entire family in the preparation, and discuss your emergency plan with them. Then, post this checklist in an easily accessible location so it is always close by. Every family is different, so when you fill this out, be sure to consider your family's specific needs.

## BEFORE A WINTER STORM

Stock your emergency kit for sheltering with:

## EMERGENCY COMMUNICATION

- ☐ Important contact information for family, school, work, doctors, etc., including phone numbers and email addresses
- ☐ Cellular phone, extra battery, and chargers for electrical equipment
- ☐ AM/FM radio/NOAA weather radio (extra batteries)
- ☐ \_\_\_\_\_

## MEDICAL NEEDS

- ☐ Medications, plans for refrigeration for at least one week, and copies of prescriptions
- ☐ Extra eyeglasses/contact lens
- ☐ Medical equipment/assistive technology and backup batteries
- ☐ First aid kit
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## CRITICAL DOCUMENTS

- ☐ Photo ID (e.g., driver's license, passport)
- ☐ Cash and credit cards
- ☐ Personal records (e.g., birth certificates, marriage certificates)
- ☐ Medical records
- ☐ Financial information (e.g., bank account or credit card information)
- ☐ Property records (e.g., insurance policies, deed, or lease)

- ☐ Waterproof, portable container for important documents
- ☐ \_\_\_\_\_

## TOOLS & SAFETY ITEMS

- ☐ Flashlight
- ☐ Multi-tool
- ☐ Matches or lighter in waterproof container
- ☐ Local Map
- ☐ Fire Extinguisher
- ☐ Bag of sand or cat litter
- ☐ Shovel
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## FOOD/SUPPLIES

- ☐ At least a three-day supply of non-perishable food; if possible, stock for a week or more for sheltering
- ☐ At least a three-day supply of water (1 gal per person per day), if possible stock for a week or more for sheltering
- ☐ Infant formula and diapers
- ☐ Pet food, supplies, and extra water
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## HYGIENE & SANITATION

- ☐ Soap/disinfectant/sanitizer
- ☐ Paper towels/moist towelettes
- ☐ Toilet paper
- ☐ Bleach
- ☐ Toothbrush and toothpaste
- ☐ \_\_\_\_\_

## PROTECTIVE GEAR & CLOTHING

- ☐ Extra warm clothes
- ☐ Sturdy shoes
- ☐ Blankets or sleeping bags (sleeping bags should be labeled for low temperatures)
- ☐ Snow gear including gloves
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## CAR EMERGENCY SUPPLY KIT

- ☐ Cellular phone charger
- ☐ First aid kit
- ☐ Jumper cables
- ☐ Flares
- ☐ Whistle
- ☐ Water, snacks
- ☐ Full tank of gas
- ☐ Flashlight
- ☐ Tow rope
- ☐ Boots, mittens, warm clothes
- ☐ Blanket
- ☐ Shovel
- ☐ Ice scraper, snow brush
- ☐ Snow traction mats and bags of sand or cat litter (cat litter helps with the tire traction)
- ☐ Tire chains or snow tires
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## COMFORT & PRICELESS ITEMS

- ☐ Items like: books, puzzles, favorite stuffed toy, photo albums, valuables
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_



## DURING A WINTER STORM

When a winter storm watch or warning is issued, it is important to stay informed.

Tune in to channels: \_\_\_\_\_

Check for alerts on Apps: **FEMA App** \_\_\_\_\_

In case of an emergency, know where to go and how to get there.

Use evacuation route: \_\_\_\_\_

The closest warming shelter is: \_\_\_\_\_

Meet family at: \_\_\_\_\_

Make sure to have these important numbers with you:

Family member's name: \_\_\_\_\_

Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

Family member's name: \_\_\_\_\_

Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

Local contact's name: \_\_\_\_\_

Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

Out-of-state contact's name: \_\_\_\_\_

Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

Primary physician's name: \_\_\_\_\_

Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

Hospital's phone #: \_\_\_\_\_

Insurance company's phone #: \_\_\_\_\_



## HELPLINES

**FEMA's helpline:** 1-800-621-FEMA

**TTY:** 1-800-4627585

**VRS:** 1-800-621-3362

**RedCross's helpline:** 1-800-733-2727

For more information, email us at [prepareathon@fema.dhs.gov](mailto:prepareathon@fema.dhs.gov),  
or join the conversation online at [#Prepareathon](https://twitter.com/Prepareathon).